

November

Elementary Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Salad Bar, Fresh fruit, 1% or Fat Free Milk, and Water available every day.		1 Fish Sticks Cole Slaw Fruit	2 Chicken A La King Rotini Pasta Broccoli Fruit	3 Chili Con Carne Cornbread Fruit	4 Pizza Caesar Salad Fruit Cup	5
6	7 Orange Chicken Brown Rice Sir Fry Veggies Fruit	8 Mac & Cheese Roll Peas Fruit	9 Chicken Fajitas w/stir fry Refried Beans Fruit	10 Burgers Waffle Fries Fruit	11 Veterans Day Holiday	12
13	14 Spaghetti and Meatballs Breadstick Caesar Salad Fruit	15 Toasted Cheese Sandwich Tomato Soup Fruit	16 Beef Stew Wheat Roll Fruit	17 Special Thanksgiving Menu	18 Chicken Burger Shoestring fries Fruit	19
20	21 Fish Nuggets Wheat Roll Broccoli Fruit	22 Teriyaki Chicken Dippers Crunchy Mandarin Salad	23 Chicken Fried Steak Mashed Potatoes w/gravy Fruit	24 Thanksgiving	25 Holiday	26
27	28 Teriyaki Chicken Brown Rice Stir Fry Veggies Grilled Pineapple	29 Beef Tacos Chips w/ guacamole Refried Beans Fruit	30 Chicken and Dumplings Sweet Potato Fruit			

This institution is an equal opportunity employer.